

Helsby Hillside Primary School
PE and Sports Premium Funding Report
Academic year 2022-23



Funding received			
No. eligible pupils: 205		Total amount received: £17,830	
Funding rate: £16,000 plus £10 per pupil (Y1-Y6)			
Objectives			
<ul style="list-style-type: none"> • Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school. • Key indicator 2: The profile of PESSPA (Physical Education, School Sport and Physical Activity) being raised across the school as a tool for whole school improvement. • Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport. • Key indicator 4: Broader experience of a range of sports and activities offered to all pupils. • Key indicator 5: Increased participation in competitive sport. 			
Breakdown of spending			
Objective:	Activity:	Cost:	Impact
To engage all children in at least 30 minutes of physical activity per day.	'Get Active,' sessions added to timetable to ensure extra 15 minutes of activity built up throughout the day e.g. running track, wake and shake, super movers, go noodle, skipping. INSET training provided.	£7,000	'Get Active' sessions fully embedded at Hillside with frequent breaks for activity completed through the day. This needs to be a priority next year with the profile of 30 minute activity raised again!
	Play leaders trained to deliver active games to KS1 children at lunchtimes.		Play leaders were fully trained this year. Lunch times were supported by Sports TA but focus groups not developed as planned.
	Staff-led after school clubs provided free to all families		Dodgeball Leaders completed training and supported additional activity throughout the year.
Total spend on objective:			£7,000

To raise the profile of PE across the school.	Sports leader given additional preparation time.		Twitter and press release to celebrate our success.
			Consider again next year.
To increase our % of children able to swim 25m by the end of Year 6	Year 3 and 4 to have 12 weeks of swimming lessons during the summer term rather than only Year 3. Y3: core swimming curriculum; Y4 pupils accessed 'top up' sessions to provide extra time to learn to swim or develop water safety and confidence	£200 £1,917 – cost of Y4 sessions (Y3 core curriculum)	July 2022 assessments: Y3: at least 70% on track to achieve KS2 expectations Y4: 72% achieved KS2 expectations. July 23 Data TBC
	Frequent review of equipment (1/2 termly) Additional sports equipment purchased throughout the year.	£2,573	Variety of equipment purchased to support teaching of PE and increased activity at break times (e.g. footballs, football goals, equipment repairs)
To improve the quality of resources in order to deliver high quality lessons.			
Total spend on objective:			£4,490
Increase the knowledge, confidence and skills of staff to deliver PE.	Sports TA to work alongside staff to share knowledge of delivering high quality lessons and to support pupils to achieve highly.	£200	Amie Moore providing INSET training for YR and Y1 teachers
	Complete PE – purchased and has been introduced 2022/23	£925	New scheme of work now being used by PE teachers.
	Outside professionals deliver exemplar lessons (Cricket – Mike Herd)		
Total spend on objective:			£1,125
Broaden the sporting opportunity available to pupils.	Work with Sustrans delivering training in scooter skills/ cycling proficiency/ active travel to and from school	£0	Increased opportunities for pupils to learn how to play tennis. Boccia very popular with children of all abilities and encouraged less active pupils to get involved.
	Tennis – Mike Herd Sessions	£200	
	Engage in all FAVSP events and festivals		
	Martial Arts taster sessions Yoga – workshop (whole school)	£350	

	Dance workshop – whole school (Evolution Dance Academy) Intra Boccia Tournament Intra Dodgeball Tournament Hoops 4 Health Helsby Rugby Club Activities KS1 Pick and Play Sessions		Physical activity but also positive contribution to pupils' mental health and wellbeing post pandemic.
Total spend on objective:			£550
Increased participation in competitive sport.	Support for the school sports coordinator to deliver sports and monitor PE in school FAVSP Sports Partnership	£2,750	Pupils enjoyed participating in competitions and the challenge. Next year: engage with all competitions in FAVSP.
	Intra-competitions and transport District Sports	£765	
Total spend on objective:			£3,515
Increased wellbeing (development of healthy lifestyles)	Additional pastoral/ ELSA support Training	£2000	
	Coram Resource (Promoting mindfulness and wellbeing)	£340	
		£680	
Total spend on objective:			£3020
Total Spend:			£19,700

Plans for next year:

Target 1) Maintain the focus on increasing the percentage of children who meet the swimming standard: swim 25m; perform a range of strokes effectively; perform safe self-rescue. Continue with Y3 and Y4 pupils attending sessions over a longer period of twelve weeks.

Target 2) Children identified as less active to attend a lunch time club or after school club. Consider new sports to encourage all pupils to get involved. Target year groups and ensure all pupils, especially disadvantaged, get the chance to attend. Target to get 100% of children to have engaged in an additional physical activity outside of the PE lesson.

Target 3) Continue to look to increase opportunities for physical activity: in school through use of the running track, outdoor gym and school field.

Impact of Sports Premium use 2022-23 - summary	
Impact on pupils' participation:	We have maintained that >85% of children engaged in additional physical or healthy lifestyle activity (outside of PE lessons)
Impact on pupils' attainment:	Clubs/teams have achieved well in local tournaments and competitions. Wider physical engagement has in turn supported emotional wellbeing and academic progress.
How the premium has allowed pupils to develop active lifestyles:	Developing a healthy lifestyle is very much embedded in school life. The development of the 'Get Active' programme will be relaunched next year. Balance bikes in Reception and 'Bikeability' in Year 6 are other examples of our efforts to support pupil activity and healthy lifestyles. The provision of additional clubs has led to improved activity outside of school and participation in evening/weekend clubs.
Key achievements to date:	<ul style="list-style-type: none"> - Platinum school games award - Sport continues to have a high profile at Hillside - There is a strong ethos of sport and physical activity in school and pupils are fully aware of this - The large majority of pupils, staff and the school community value physical activity as part of a healthy lifestyle - Success in local FAVSP sports competitions. - Extended running club to KS1 children (Y1/2)
How the school will sustain the improvements and areas for further development:	Hillside is committed to PE and school sport and will continue to target school funding at improving this important area of school life. We hope that the introduction of new clubs this year (such as extending the running club to include younger children and their parents) will help to maintain the focus on physical activity for many years to come! To ensure that we meet the requirements of the national curriculum for swimming, leaders will investigate how to best achieve the goals. Taking the children for more sessions in Year 3 and Year 4 has worked well. Leaders will consider whether the Sports Premium can be used further to facilitate catch up sessions for those pupils still not able to swim after the curriculum sessions in Y3 and the follow up sessions in Y4. Leaders will support 'Play Leaders' and 'Sports Ambassadors' in leading PE and schools sport across the whole school including organising further intra-school competitions. We will also conduct a pupil survey to get pupil views on school sport and find out what sports our pupils enjoy and what they would like more of.